



These notes represent a detailed interpretation of the professor's lecture. These notes are not a transcript of the lecture. TakeNote® is best used as a supplement to your own notes, not as a substitute.

Lecture Date: Tuesday, February 15, 2005

Announcements:

- Professor Meyer asked students in the class to complete the Bem Sex Role Inventory (BSRI)
- Prelim #1 is this Thursday, February 17, in-class.
- The prelim review session is Wednesday February 16, in 154 MVR
- The first case study is due March 1st. The outline for the case study will be posted on blackboard. This case study reading is posted on e-reserve.
- Students will receive an email when exam scores are posted on the course website.

I. Case Study: “What If I Don’t Want To Whistle”

- A. Professor Meyer asked the students in the class to discuss the events that impacted the young man’s identity formation and the issues related to his identity formation. Students in the class said:
- i. He felt that he was in two different environments and he acted very differently in the two environments.
 - ii. He didn’t have a lot of adult role models to aspire to (no male role model except for his older brother) so he had trouble forming his identity.
 - iii. He didn’t have a sense of blackness because he was mostly around white students in school.
 - iv. He was afraid to speak up or form an opinion in class because other students looked to him for the “minority answer” and he was nervous to represent his race and ethnicity.
 - v. He struggled with what is meant to be black and his trip to Spain was eye opening to him. This trip was pivotal in forming his identity.
 - vi. Like Jose in the previous case study, he joined organizations in college that allowed him to explore his ethnic identity.

II. Changes in Self-Esteem During Adolescence

- A. Middle class adolescents have higher self-esteem than adolescents with lower SES backgrounds. This discrepancy increases over the course of adolescence.
- B. Chart: Self Esteem of US Adolescents**
- i. The self-esteem of African Americans is the highest. Whites are the second highest. The self-esteem of Hispanics, Asians, Native American adolescents are below both African Americans and Whites.